

# Taiwan

# destination FACTSHEET



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The currency in Taiwan is the New Taiwan Dollar (TWD). ATMs are widely available in shopping malls, convenience stores, hotels, and banks.

#### **Etiquette**

Politeness is highly valued. A slight bow or nod is a common gesture of respect. Address people formally and use titles such as "Mr." or "Ms." followed by their last name.

#### Language

Mandarin is the primary language spoken in Taiwan, though many people in major cities also understand English. Local dialects include Taiwanese Hokkien and Hakka.

#### Climate

Taiwan has a subtropical climate with four seasons. Summers (June to August) are hot and humid, with temperatures ranging from 77°F to 95°F (25°C to 35°C). Winters (December to February) are cooler, with temperatures ranging from 57°F to 72°F (14°C to 22°C). The rainy season spans from May to October.

#### **Drinking Water**

Tap water is generally not safe to drink. Bottled water is widely available, and ice from reputable establishments is usually safe. Bring anti-diarrheal medicine for minor stomach issues, and stay hydrated in Taiwan's humid climate. We recommend electrolyte hydration tablets in hot summer months.





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### **ACIS TRIP SERVICES**

#### Rooming

Accommodations are typically based on triple rooms where available. If not, twin rooms will be used. Please note that the hotel rooms in Asia are generally quite small.

#### Meals

ACIS tours in Taiwan generally include breakfast, lunch, and dinner unless otherwise noted.

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#### **Description of typical meals:**

Taiwanese cuisine features a variety of flavors, including sweet, sour, and spicy, with a focus on fresh ingredients. Meals often involve sharing several dishes, with rice or noodles commonly served.

#### Tour Manager

Your Tour Manager and bus driver will accompany the group throughout your tour. Your Tour Manager will also lead local city tours.

GENERAL INFORMATION AND TRAVEL TIPS	
Flights	Be prepared for a long flight (minimum of 12 hours) - Remember, you will cross the International Dateline. You will lose a day on the way over but gain a day on the return.
Passport Requirements	Non-US citizens should carefully research entry requirements to avoid being denied entry into the country.  There must be at least one completely blank page in your passport. Pages for endorsements or amendments cannot be used as a visa page. In addition, single or double entry visas require a passport valid for at least 6 months. For multiple entry visas, a passport should be valid for at least 9 Months.
Visa Requirements	U.S. citizens do not need a visa for stays of up to 90 days.
Parental Consent (if necessary)	Parental consent is not required for entry into Taiwan.
Time Difference	Taiwan is GMT +8 and does not observe daylight saving time.

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Electrical outlets	Taiwan uses 110V with Type A and Type B outlets. A universal plug adapter may be necessary.
Luggage Restrictions	Pack lightly; remember you'll have to carry what you bring! One average-sized suitcase per person should be ample, plus one small carry-on. The weight limit on internal flights is one checked bag maximum of 44 pounds and one carry-on bag maximum of15 lbs.  Identification tags should be on all luggage, even carry-ons, and all other tags should be removed at each destination hotel, so that bags won't get misdirected as you travel through Asia.  Carry medications, contact lenses, vanity kit and emergency clothing in your carry-on, in case your luggage is misplaced en route or tardy getting to your hotel room.
Tipping \$	Pre-paid tipping will be listed on your account to cover tour manager, local bus and guide.  All meals included in the itinerary also include gratuity, so it is NOT necessary to leave an additional tip at meals.



## WHAT TO PACK

#### What to Wear

Pack according to the weather. For hot and humid weather, pack light cotton clothing. During cooler months (December to February), bring a light jacket or sweater.

#### **Clothing for Temples**

When visiting temples or sacred sites, avoid sleeveless shirts, shorts, and short skirts. Wear modest clothing that covers shoulders and knees.

- ✓ Durable Sandals/Flip Flops (Birkenstocks, Tevas, Reefs, etc.)
- ✓ Comfortable walking shoes
- ✓ Lightweight cotton clothing (linen or wicking/quick-dry for hot summer months)
- ✓ Umbrella
- ✓ Personal Neck Fan
- ✓ Light sweater/Jacket for evenings
- ✓ Lightweight Raincoat
- ✓ Bug Repellent
- ✓ Sunscreen
- ✓ Sunhat and sunglasses



- ✓ Electrolyte hydration tablets
- √ Tissue/toilet paper packets
- √ Handi-wipe packets
- ✓ Anti-diarrheal and motion sickness medications



Visit a local travel doctor or your primary care physician with your itinerary to get the best personalized medical advice on any vaccinations or special medication needed for the program or for information on vaccinations needed in each country, we recommend you consult <a href="http://www.cdc.gov/">http://www.cdc.gov/</a>.

#### **Medical Expenses**

In the event of a medical emergency where expenses are involved, the passenger must pay the expenses directly and mail receipts to our Boston office for reimbursement. Deductible amounts per the type of insurance purchased.

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#### Food

Street food is popular in Taiwan. Look for busy stalls or vendors that are popular with locals and produce fresh batches of food frequently, to reduce time spent sitting out.

#### Water

Tap water is generally not safe to drink but bottled water is widely available, and ice from reputable establishments is usually safe. You do need to stay hydrated in Taiwan's humid climate. We recommend electrolyte hydration tablets for hot summer months.



Taiwan is generally safe for travelers. Keep belongings secure and be cautious of pickpockets. Use metered taxis and avoid unsolicited offers, especially for gem purchases.

Should you have any issues at all during your trip, please call ACIS and we will rectify the problem immediately. It is vital that you notify us as soon as you experience a problem as we can resolve issues very quickly on the spot <u>before</u> it adversely affects your trip.

ACIS Emergency number 617-450-5678





#### **Bartering**

In Taiwan, bartering is less common compared to other regions. Fixed prices are generally expected in markets and shops

#### Restrooms

Street-level public toilets are common in most Asian countries but there's often an entrance fee so keep some small change handy. You may encounter both "western style" and "Asian style" toilets in Taiwan. Westerners sit and Asians squat. Do be prepared to do some squatting, as sometimes there is no choice.

It's a good idea to pack Purell and some packaged tissues as paper can be scarce.