



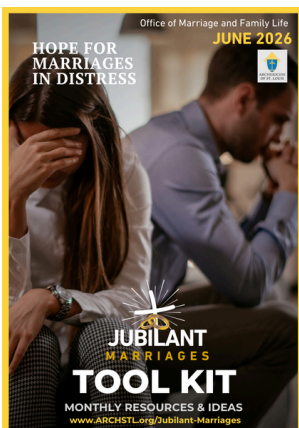
JUNE Jubilant Marriages for Priests & Deacons

This simple set of monthly resources are designed to help you as a Priest or Deacon to fortify the marriages of couples in your parish. It's as easy as 1, 2, 3. Choose **ONE** Sunday to encourage married couples in a special way in a Homily. On that Sunday, add the Prayers of the Faithful intentions provided here, that are specific to marriage and family to your liturgy plans. **TWO**, add the Jubilant Marriages Tool Kit link and image to your digital communication sometime during the month of May. **THREE**, add the Sunday Matrimony Moments content as often as you can in the parish Bulletin.

1) *JM HOMILY HINTS for Sundays 6/14 & 6/28*

The monthly Homily Hints give you homily prep help to choose one Sunday to orient your preaching toward the health of married couples. Options are provided for 2 Sundays. Pick one, and strengthen the most important anchor in the life of the Church and society - married couples.

JM Prayers of the Faithful - These Prayers of the Faithful intentions emphasize the need for couples, families and the parish community to come to the aid of couples who are facing deep difficulties. May the power of Matrimonial grace strengthen these couples and families in their times of need. Try to include one or more at a Sunday Mass this month.



2) *JUNE Digital Jubilant Marriages Tool Kit for Parishioners*

The digital JM Toolkit for Parishioners is packed with inspiration and resources for couples and families to find the help and hope they need during times of difficulty and distress.

Use this Tool Kit COVER IMAGE and [LINK](#):

to easily share the valuable content with your parishioners.

Sharing options include: Parish e-newsletter, website, Flocknote, and/or a post on social media.

3) *Sunday “Matrimony Moments” Weekly Bulletin Content*

Share this document download link with your parish Bulletin Editor. Four short **marriage-strengthening** content blocks are included for you to offer as a regular feature in the parish bulletin. Use one or all four each month, or simply as space allows. [LINK](#)

Homily Hints: 6/14

Reflection for Sunday, June 14, 2026



*These reflections are for June 14, the 11th Sunday of Ordinary Time - Year A
Try reading and discussing these before, or after, Sunday Mass*

The readings this week are a springboard to help parishioners meditate on the tender love of God and the ways that married couples and families can reflect and model that kind of tender love for others.

These Sunday Scripture thoughts to ponder are the fruit of reflections of Scott and Karen Seaborn, based on years of practical experience as a married couple and diligent faith-focused study as Catholics.

First Reading

Ex 19:2-6a

First Reading: Ex 19:2-6a

When we take a moment to remind ourselves of all that God has done for us, heed God's voice in our lives today, and remain faithful to God's covenantal love, we, like the Israelites, will experience God's faithful and abundant love in our own lives. Married couples are called to share with their children this same message of hope: God has cared for our family in so many ways over the years and continues to care for our family now.

Responsorial Psalm

Psalm 100:1-2, 3, 5

Psalm 100:1-2, 3, 5

We can rest like an infant in a loving parent's arms knowing that we are God's people and that God is ever faithful to his people. This message of hope sustains married couples during times of distress by giving them the assurance that their faithful God will never leave them alone in their times of distress.

Second Reading

Romans 5:6-11

Second Reading: Romans 5:6-11

In case there is any question about God's unconditional love for us, Paul reminds us that God proves his love for us in that Christ died for us while we were still sinners. Married couples are a sign of God's unconditional love to and for each other and for all of us every time they forgive each other for a real or perceived hurt in their relationship.

Gospel

Matthew 9:36-10:8

Gospel: Matthew 9:36-10:8

We, disciples of Christ today, are sent like the apostles to proclaim to everyone we know, with our words and with our actions: Do not despair...God is here, God is in this with us! Again, married couples live this truth and proclaim this Christian hope to all those who know them every single day that they remain faithful to their marriage vows in the ordinary and extraordinary events of their lives.

Homily Hints 6/28

Reflection for Pentecost Sunday, June 28, 2026



The readings & Gospel for the 13th Sunday of Ordinary Time - Year A
Try reading and discussing these before, or after, Sunday Mass.

These readings offer an opportunity to invite parishioners to reflect on the small and large ways we can enrich our relationships by dying to ourselves.

These Sunday Scripture thoughts to ponder are the fruit of reflections of Scott and Karen Seaborn, based on years of practical experience as a married couple and diligent faith-focused study as Catholics.

First Reading

2 Kings 4:8-11, 14-16a

First Reading: 2 Kings 4:8-11, 14-16a

Hospitality is a gift of the spirit and we, like the woman in our first reading, are called to offer the gift of hospitality to those who enter our homes.

Married couples who make their homes warm and hospitable to each other, their children, and to those outside their family, create an atmosphere of loving acceptance that offers a haven in our chaotic world.

Responsorial Psalm

Psalms 89: 2-3, 17-17, 18-19 (2a)

Psalm 89: 2-3, 17-17, 18-19 (2a)

We today rejoice in the knowledge that our Lord's kindness and goodness is ever faithful, just as the Israelites rejoiced.

Married couples can count on God's faithfulness in their own lives even as they model God's faithfulness in the world.

Second Reading

Romans 6: 3-4, 8-11

Second Reading: Romans 6: 3-4, 8-11

The paschal mystery continues as we today are promised new life through death, not only eternal life following our human death, but also the promise of new life that follows all the little deaths we experience throughout our lives, especially our deaths to self for the sake of another.

This is especially profound for married couples who come to see that each time they die to their own desires for the sake of their spouse or for the sake of their relationship, they create an opportunity for new life to emerge in their marriage.

Gospel

Matthew 10:37-42

Gospel: Matthew 10:37-42

In defining Christ present in his disciples, Matthew goes one step further noting that when we die to ourselves for the sake of another, we are losing our life for Christ and thus will find new life in Christ.

This offers great hope for married couples experiencing disappointment and disillusionment in their marriage as they come to believe that new life can come into their relationship simply by dying to themselves and making an intentional decision to love their spouse even when they may not be feeling very loving.

Jubilant Marriages Prayer Intentions JUNE

01 Married Couples

We pray that married couples who face problems in their relationship or family life will lean on the strength of the Divine Healer, Jesus, to lead them to healing, hope, and renewed happiness together.

02 Parents & Families

We pray for moms and dads who feel marital strain carrying heavy burdens of sickness, financial struggles, or tension in their families, that God will give them the strength they need to flourish in the face of adversity.

03 Parish Community

We pray that through the prayer and action of members of our parish community, that we will help sustain married couples - who are in distress - to find the healing and hope they need.



Sunday Matrimony Moments for JUNE:



Sunday Matrimony Moments can help the married couples in your parish in a simple and practical way. These can reach the parishioners who might not come out for an event, but might try this simple little Sunday exercise to strengthen their marriage one-on-one at home.

Parish Bulletins: Copy and paste the 4 **CONTENT SECTIONS** and **LOGO IMAGE** as a regular feature in the **parish bulletin** - as often as space allows.

Couples and/or Couple Small Groups: Offer copies or the download link to couples and parish-based couple small groups as a structure for reflection, prayer, and conversation.

Sunday Matrimony Moments include the following four elements each week:

- **Scripture** from one of the Sunday readings
- Simple **Couple Prayer** based on a weekly theme
- **Marriage Motivation Tip** for couples to improve their marriage
- **Conversation Question** to fuel a conversation about the topic that week

(Use this [LINK](#) for a word document download of the content for each week in June.

Themes for June 2026: Hope for Marriages in Distress

6-7-26 WEEK #1 - HOPE IN GOD'S FAITHFUL PROVISION

6-14-26 WEEK #2 - HOPE IN COVENANT LOVE AMID WEAKNESS

6-21-26 WEEK #3 - HOPE THROUGH PERSEVERANCE AND TRUST

6-28-26 WEEK #4 - HOPE IN SACRIFICIAL LOVE AND NEW LIFE

These weekly words of inspiration and encouragement are part of the Archdiocese Jubilant Marriages Initiative with the goal to fortify and energize Catholic Married couples to be Holy, Healthy and Happy and experience Matrimony as a daily lived Sacrament.

Questions? Contact the Office of Marriage And Family Life:

Paul Duker - Program Manager Paulduker@archstl.org

Cathy Gilmore - Jubilant Marriages Coordinator cathygilmore@archstl.org

Sunday Matrimony Moments for June:



WEEK #1 - Hope in God's Faithful Provision

Sunday, June 7, 2026 (The Solemnity of the Most Holy Body and Blood of Christ)

Sunday Scripture: *"He fed you in the desert with manna, a food unknown to your fathers."* (Deuteronomy 8:16a)

Couple Prayer: Lord Jesus, Bread of Life, in times of marital dryness or trial, nourish our love as You nourished Your people in the desert. Help us trust Your provision and draw closer to You and each other through the Eucharist. Amen.

Marriage Motivation Tip: When facing financial stress, health issues, or emotional distance, recall how God sustains you daily. Make a habit of thanking each other for small acts of care—they are manna for your marriage.

Couple Conversation Question: What "desert" moment have we faced together, and how did God provide for us in unexpected ways?

Find more ways to strengthen and energize your marriage at ArchSTL.org/Jubilant-Marriages

WEEK #2 - Hope in Covenant Love Amid Weakness

Sunday, June 14, 2026 (Eleventh Sunday in Ordinary Time)

Sunday Scripture: *"While we were still sinners Christ died for us... we were reconciled to God through the death of his Son."* (Romans 5:8, 10)

Couple Prayer: Heavenly Father, Your Son loved us even in our weakness. Strengthen our marriage covenant so that in moments of hurt or failure, we choose reconciliation and sacrificial love. Amen.

Marriage Motivation Tip: Difficult seasons reveal the power of grace. Practice quick forgiveness and small acts of service, mirroring Christ's love that brings hope even when one or both feel "helpless."

Couple Conversation Question: When have we shown each other mercy during a difficult time, and how did it bring us closer?

Find more ways to strengthen and energize your marriage at ArchSTL.org/Jubilant-Marriages

WEEK #3 - Hope Through Perseverance and Trust

Sunday, June 21, 2026 (Twelfth Sunday in Ordinary Time)

Sunday Scripture: *"But the LORD is with me, like a mighty champion... Do not be afraid; you are worth more than many sparrows."* (Jeremiah 20:11 & Matthew 10:31)

Couple Prayer: Lord, our mighty champion, when external pressures or internal fears threaten our marriage, remind us of Your presence. Give us courage to trust You and protect each other. Amen.

Marriage Motivation Tip: In distress—whether conflict, criticism from others, or anxiety—anchor each day in God's care for every detail of your lives. Share worries openly and pray together for renewed hope.

Couple Conversation Question: What fears or "whisperings" are we facing right now, and how can we support one another in trusting God more deeply?

Find more ways to strengthen and energize your marriage at ArchSTL.org/Jubilant-Marriages

WEEK #4 - Hope in Sacrificial Love and New Life

Sunday, June 28, 2026 (Thirteenth Sunday in Ordinary Time)

Sunday Scripture: *"Whoever does not take up his cross and follow after me is not worthy of me. Whoever loses his life for my sake will find it."* (Matthew 10:38-39)

Couple Prayer: Jesus, You call us to take up our cross together. In hardships, help us die to selfishness so our marriage may rise to new life in You. Grant us generous, hopeful hearts. Amen.

Marriage Motivation Tip: True marital joy often comes through sacrifice—prioritizing your spouse, serving during tough times, or letting go of personal comforts. These build Resurrection hope in your union.

Couple Conversation Question: What cross are we carrying as a couple right now, and how might "losing our life" for each other (and for Christ) lead to greater hope and fruitfulness?

Find more ways to strengthen and energize your marriage at ArchSTL.org/Jubilant-Marriages

*These weekly words of inspiration and encouragement are part of the Archdiocese Jubilant Marriages Initiative
Questions? Contact the Office of Marriage And Family Life:*

Cathy Gilmore - Jubilant Marriages Coordinator - cathygilmore@archstl.org - 636-391-3999



Pray

THE JUBILANT MARRIAGES PRAYER WITH YOUR PARISHIONERS

Jesus, Your life, death, and resurrection was the greatest act of love of all time, pouring forth streams of life-giving grace in the Sacraments. Today, we ask you to renew our HOPE - through the daily lived Sacrament of Matrimony.

Inspire us to cherish the extraordinary value of the Sacrament of Matrimony in our families and communities to renew familial love among all people. Enable us to build a Culture of Matrimonial Love in our parish – to energize couples who are stable, support couples in distress, empower couples who carry heavy burdens, and rekindle a matrimony mindset in our youth.

Unleash the power of Matrimonial Grace in our parish - through the leadership of our clergy, the faithfulness of married couples, and the wisdom of the widowed, to inspire each parishioner to live as a joy-filled daily sign of the sacrificial love of God .

Amen.

*Prayer Cards are available from
the Office of Marriage & Family Life*



ARCHDIOCESE
OF ST. LOUIS