



EQUIPPED FOR LIFE ACADEMY

Building a foundation for thoughtful pro-life
conversations with the next generation

The first and only
pro-life curriculum
to have received
the Declaration of
Conformity from
the USCCB!

The Archdiocese of St. Louis is pleased to partner with *Equipped for Life Academy* to move high school students from knowing they're supposed to be pro-life to understanding the pro-life position so well that they can confidently defend it and live it throughout their lives. High schoolers are bombarded by pro-choice culture, with classmates and influencers demanding them to conform to their beliefs. We believe that it's time to engage them in discussing abortion directly by facing the hardest pro-choice questions head-on.

EFLA's interactive lesson plans promote engagement with the most popular pro-choice talking points of our day, giving students the tools to understand today's abortion landscape while responding thoughtfully and compassionately to pro-choice people.

Use EFLA with
your students at
no cost to you—
courtesy of the
Respect Life
Apostolate.

Bringing *Equipped for Life Academy* to your high school includes:

8 Core Lesson Plans &
6 Bonus Lesson Plans
(60-minutes each) for
you to mix & match as
you please

Lesson Videos
from the expert pro-life
apologists at Equal
Rights Institute

Formative
Assessments,
Answer Keys, &
Grading Rubrics

Pre-Made
Presentation Slides
available for use in
PowerPoint, Keynote,
Google Slides, & PDF

Downloadable &
printable
**Student Workbook
Activities**

A list of
**Suggested Lesson
Groupings**
for customizing the
curriculum to fit
your classroom

Summative
Assessment &
Grading Rubric

Guided Prayer
Cards
for spiritually
preparing your
students for
each lesson

Comprehensive
Source List
for fact-
checking &
additional
research



Watch the
info trailer
for more!

Minimal Prep Required—
All materials are ready to use!





Equipped for Life Academy was crafted to engage high school students regardless of their current stance on abortion—whether they identify as pro-life, pro-choice, undecided, or simply reluctant to engage with the topic. The curriculum moves students through a journey of understanding the history of abortion, the secular and religious arguments on all sides of the debate, and practical ways to foster a pro-life culture.

How to bring *EFLA* to your high school:

-  **1. Sign Up**
Submit your school's name, main contact name, and email address to the Respect Life Apostolate [here](#).
-  **2. Activate Your Membership**
Within two business days, you will receive access via email to *Equipped for Life Academy*. Log in and check out the curriculum for yourself.
-  **3. Decide How to Get Started**
EFLA staff will reach out to each school to offer an optional onboarding Zoom call to demonstrate how to operate the site, answer questions, discuss best practices for implementation, and receive assistance adapting the curriculum for your classroom.
-  **4. Receive Ongoing Support**
Receive ongoing support from *EFLA*'s expert pro-life apologists via email or Zoom anytime.

Equipped for Life Academy is designed to align with the National Standards and Benchmarks for Effective Catholic Elementary and Secondary Schools (NSBECS) and The Cardinal Newman Society Catholic Curriculum Standards (CNSCCS).

How other schools use *EFLA*:

EFLA consists of 14 mix-and-matchable lesson plans and 1 summative assessment. Core material is delivered through short video lectures from ERI's pro-life apologists, facilitated class discussions, and student research projects. Other schools across the US have used the curriculum:

-  In one, three-week unit in Theology class, Health, History, Biology, Apologetics, etc.
-  During extracurricular pro-life club meetings
-  For two or three lessons prior to a big event, such as the March for Life
-  Across four years, covering approximately four lessons with each grade level as detailed in [The Four Year Plan](#)

Have a Question? Want More Information?
Need help creating a custom plan for your classroom?

Fill out [this form](#) to let us know; our team is happy to chat over email or Zoom!

