

SPRING WELLNESS EVENTS

will feature an Archdiocesan-paid Wellness Screening

WHO IS ELIGIBLE

- **Wellness Screening:** Archdiocesan-paid benefit available to all benefit eligible employees. You do not have to be a participant of the Archdiocesan health insurance plan to receive the H&H wellness screening.

Fasting is optimal but not required.

WELLNESS INCENTIVE RETIREMENT CONTRIBUTION (WIRC)

Eligible employees who complete an approved Wellness Screening between July 1, 2025 and June 30, 2026, may receive a \$125 employer-paid WIRC to their Archdiocese of St. Louis-sponsored 403(b) retirement plan!

Basic requirements to receive the WIRC

- You have completed a full year of service by the screening date, and
- You are benefits eligible (working a minimum of 1,000 hours annually or teachers with a half-time contract or more).

EMPLOYEE ID

- Please have your 8-digit Employee ID# with you – Located on your Arch HR Account in Basic Information.
- **For New Users**, enter company code: **ARCHDIOCESE**.
- **Existing Users**, enter username/password. Your Employee ID # is required when registering. For help or to register by phone, call H&H (M-F, 8:30am-5pm) at 800.832.8302.

EMPLOYEE WELLNESS SCREENING

- A comprehensive wellness screening
- Confidential test results and HIPAA compliant

PERSONALIZED REPORTS

- Detailed, easy to read report
- Results received at your home within 2 weeks
- Nurse outreach for those considered high risk



REGISTER!

For full details and schedule, go to ARCHSTL.ORG/ABOUT/OFFICES-AND-AGENCIES/HUMAN-RESOURCES/

To register, go to WELLNESS.HHHEALTHASSOCIATES.COM