



# ONE IN FIVE

*live with a mental illness*

By the numbers: 700,000 adults and 150,000 children in Missouri are affected

"For I will be with you always  
until the end of the age."  
-Mathew 28:20

*You're not alone.*



SCAN HERE

**VISIT:**  
**ARCHSTL.ORG/MENTALHEALTH**  
**FOR HELP + RESOURCES**

(24/7 CRISIS HELPLINE  
TEXT/CALL: 988)