

## ARE YOU PREGNANT?

Are you confused and afraid? A baby was not a part of your plans and you may not know what to do. Or are you parenting young children in difficult circumstances?



**REMEMBER THIS, ESPECIALLY  
WHEN THINGS SEEM HOPELESS:**

**YOU ARE NOT ALONE.**

Just as you carry life within you, there is a whole community of people who are there to walk with you, throughout your pregnancy and after.



A complete listing of all support providers and contact information can be found at:

**WalkingWithMomsSTL.com**

**314.792.7555**



Respect Life  
**APOSTOLATE**  
STLRespectLife.org



ANNUAL  
CATHOLIC  
APPEAL  
BUILD MY CHURCH



**PREGNANT?  
WE ARE HERE  
FOR YOU**

**RESOURCE GUIDE**

**WalkingWithMomsSTL.com**



## SUPPORT PROVIDERS



### FINANCIAL & HOUSING SUPPORT

Pregnant and parenting moms needing financial, material and housing help will find support here. We can assist you with baby items, maternity costs, utilities, rent, housing, transportation and more depending on your situation.



### EMOTIONAL & SPIRITUAL SUPPORT

Your life may have taken a dramatic turn, but a curve in the road isn't the end of the road. There are many organizations that support pregnant and parenting moms with one-on-one counseling for your emotional well-being. Besides taking care of your body and mind, spiritual health is vitally important, too. The most important resource moms have is our kind and loving God. With healing prayer and spiritual direction, we'll help you hear His voice in your life and heart.



Archbishop Robert J. Carlson Adoption Grant



Birthright Counseling St. Louis



Birthright of Hillsboro



Birthright of Wentzville



Birthright of St. Charles



Blessed Teresa of Calcutta Fund



Coalition Life  
(Women's Care Connect)



Good Shepherd Children & Family Services



Mary, Queen of Angels



Our Lady's Inn Maternity Home



Pregnancy Care Program  
(St. Vincent de Paul)



Pregnancy Help Center of South County



Pregnancy Assistance Center of Washington



The Haven of Grace



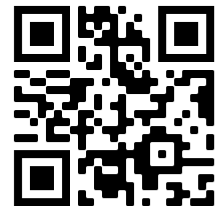
ThriVe St. Louis



Tri-County Birthright



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