



EQUIPPED FOR LIFE ACADEMY

Building a foundation for thoughtful pro-life
conversations with the next generation

The first and only
pro-life curriculum
to have received
the Declaration of
Conformity from
the USCCB!

The Archdiocese of St. Louis is pleased to partner with *Equipped for Life Academy* to move high school students from knowing they're supposed to be pro-life to understanding the pro-life position so well that they can confidently defend it and live it throughout their lives. Teens are bombarded by pro-choice culture, with classmates and influencers demanding them to conform to their beliefs. We believe that it's time to engage them in discussing abortion directly by facing the hardest pro-choice questions head-on.

EFLA's interactive lesson plans promote engagement with the most popular pro-choice talking points of our day, giving teens the tools to understand today's abortion landscape while responding thoughtfully and compassionately to pro-choice people.

Use EFLA with
your high school
teens at no cost
to you—courtesy
of the Respect
Life Apostolate.

Bringing *Equipped for Life Academy* to your parish includes:

8 Core Lesson Plans &
6 Bonus Lesson Plans
(60-minutes each) for
you to mix & match as
you please

A list of
**Suggested Lesson
Groupings**
for customizing the
curriculum to fit
your setting

**Guided Prayer
Cards**
for spiritually
preparing your teens
for each lesson

Pre-Made
Presentation Slides
available for use in
PowerPoint, Keynote,
Google Slides, & PDF

Lesson Videos
from the expert pro-
life apologists at Equal
Rights Institute



Watch the
info trailer
for more!

Downloadable &
printable
**Student Workbook
Activities**

**Minimal Prep Required—
All materials are
ready to use!**





Equipped for Life Academy was crafted to engage high school teens regardless of their current stance on abortion—whether they identify as pro-life, pro-choice, undecided, or simply reluctant to engage with the topic. The curriculum moves young people through a journey of understanding the history of abortion, the secular and religious arguments on all sides of the debate, and practical ways to foster a pro-life culture.

How to bring *EFLA* to your parish:

1.

Sign Up

Submit your parish's name, main contact name, and email address to the Respect Life Apostolate [here](#).



2.

Activate Your Membership

Within two business days, you will receive access via email to *Equipped for Life Academy*. Log in and check out the lessons for yourself.

3.

Decide How to Get Started

EFLA staff will reach out to each parish to offer an optional onboarding Zoom call to demonstrate how to operate the site, answer questions, discuss best practices for implementation, and receive assistance adapting the lessons to fit your parish, etc.

4.

Receive Ongoing Support

Receive ongoing support from *EFLA*'s expert pro-life apologists via email or Zoom anytime.

How other parishes use *EFLA*:

EFLA consists of 14 mix-and-matchable lesson plans for high-school-age students. Core material is delivered through short video lectures from ERI's pro-life apologists, facilitated class discussions, and student projects. Other parishes across the US have used the curriculum:

- For one, abortion-focused lesson with the high school youth group
- For four or five lessons in a one-month series with the Wednesday-night youth group
- With a small group of teens in a summer-, semester-, or year-long focused study covering the entire lesson series, like a Bible study

Have a Question? Want More Information?
Need help creating a custom plan for your youth group or small group?



Fill out [this form](#) to let us know; our team is happy to chat over email or Zoom!