

## About Our Speaker



Shawna DuBois is founder, executive director, and board secretary for Gabriel's Retreat Ministries. She is married and have four children. Shawna is a registered nurse also holding bachelor's degrees in psychology and history. She has worked in both labor and delivery and school nursing and holds an Online Catechist Certification from the Paul VI Institute assisting youth ministry and catechesis for over 12 years. Gabriel's Retreat Ministries came to her from a place of personal experience after unexpected pregnancies of her own and understanding that there are many psychological, emotional, and spiritual challenges that new motherhood can bring, especially when it was not part of our timing but God's.

She hopes to bring love and support to women going through similar situations and to help them find joy, hope, and peace in their motherhood and time of unexpectedness. Come and bring a friend to rejoice in the presence of the Lord.