Sunday Matrimony Moments November, 2026

Sunday Matrimony Moments are a simple way for couples to grow in unity and holiness. Couples can use this content one-on-one for conversations on Sundays and build a habit of choosing heart-to-heart time together as a priority each week. Parish-based couple small groups can also use these as a structure for reflection, prayer, and conversation.

Couples, try out this simple content to enrich your marriage one-on-one each Sunday

November 1, 2026 / All Saints – Growing in Mercy Together

***Sunday Scripture**: "Blessed are the merciful, for they will be shown mercy." (Matthew 5:7)*

Couple Prayer: Heavenly Father, as we honor all the saints who lived lives of love, open our hearts to practice the corporal works of mercy as one. Help us feed the hungry, clothe the naked, and visit the lonely together, so that our marriage may reflect Your compassion and lead us closer to You. Amen.
Marriage Motivation Tip: Choose one corporal work of mercy this week—such as preparing a meal for a family in need or collecting clothing for the poor—and complete it side by side. Serving together strengthens your bond and forms you more deeply in the holiness of the saints.
Couple Conversation Question: Which saint inspires us most to show mercy, and what simple act of corporal mercy can we do together this week to honor their example?

November 8, 2026 – Keeping Our Lamps Burning with Mercy

Sunday Scripture: "Behold, the bridegroom! Come out to meet him!" (Matthew 25:6)

Couple Prayer: Lord Jesus, Bridegroom of the Church, keep the oil of charity burning brightly in our marriage. Inspire us to stay ready for You by performing works of mercy together—welcoming the stranger, visiting the sick, or comforting the grieving—so that when You come we may enter the wedding feast as one. Amen.
Marriage Motivation Tip: Treat acts of mercy as the "oil" that keeps your marital lamp lit. Schedule a shared visit to someone who is ill or homebound this week; the time spent serving side by side will deepen your readiness for Christ and for each other.
Couple Conversation Question: How can we, as a couple, keep our hearts "awake" through corporal works of mercy, even tiny ones in our home, so that we are always prepared to seek and meet the Lord together?

November 15, 2026 – A Worthy Marriage that Reaches Out

Sunday Scripture: "She reaches out her hands to the poor, and extends her arms to the needy." (Proverbs 31:20)

Couple Prayer: God of all goodness, You call us to be a worthy husband and wife who bring good to one another and to those in need. Grant us the grace to use the talents You have entrusted to us by performing corporal works of mercy as a couple—feeding, clothing, and caring—with our home flowing with love. Amen.
Marriage Motivation Tip: Like the wise servant who multiplies talents, identify one gift each of you has (time, cooking skills, organizing ability) and combine them this week to serve the poor or elderly. Investing your married life in mercy yields eternal joy.
Couple Conversation Question: In what practical ways can we, as a couple, "reach out our hands to the poor" this month so that our marriage becomes a living example of the worthy wife and faithful servant?

November 22, 2026 / Solemnity of Christ the King – Recognizing Christ in the Least

Sunday Scripture: "I say to you, whatever you did for one of the least brothers of mine, you did for me." (Matthew 25:40)

Couple Prayer: Christ our King, You reign through love. Unite us in practicing tangible works of mercy so that when we feed the hungry, give drink to the thirsty, welcome the stranger, clothe the naked, care for the sick, or visit the imprisoned, we may truly serve You. May our marriage be a kingdom of compassion under Your kingship. Amen.
Marriage Motivation Tip: Make a simple "mercy plan" as a couple: choose one corporal work (perhaps delivering food to a local shelter or writing notes to those in prison) and carry it out together before the end of the week. Serving Christ in the least will draw you closer to each other and to your King.
Couple Conversation Question: Looking at the list of corporal works of mercy in today's Gospel, which one is the Lord inviting us to practice together right now, and how will we begin?