



Natural Family Planning

LOCATIONS & TEACHERS IN THE
ARCHDIOCESE OF ST. LOUIS

For a list of scheduled Intro Sessions and most up-to-date information, visit bit.ly/STLNFP-Intro



Billings Ovulation Method

boma-usa.org

AWARE at St. Mary Magdalen Church - Brentwood

- Elizabeth Hoffman 314.610.4607
awarenfp@gmail.com
- Karen Molner
- Katie Rollins
- Sandy Bast

Couple to Couple League

ccli.org

- Cathleen and Jarrett Kolthoff 314.683.0146
cathleen23@me.com

Marquette Model

marquettefertilityed.com

Embrace Natural Family Planning LLC

- Hannah O'Rourke, PT, DPT 812.325.8975
hannah@embrace-nfp.com

Sacred Heart Church - Valley Park

- Sarah Reiter, RN, BSN 314.607.0502
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Office of Natural Family Planning, Archdiocese of St. Louis

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ARCHDIOCESE OF ST. LOUIS
Office of Natural Family Planning

StLouisNFP.org



BUILD MY CHURCH

Creighton Model Services

fertilitycare.org

Amor Verus

- Joanne Mercer, CFCE

636.352.8672

jmercercfertilitycare@gmail.com

Mercy Hospital St. Louis

- Alli Coiro, RN, BSN, CFCP
- Elizabeth Kauffeld, RN, BSN, CFCE
- Kathy Graveman, RN, BSN, CFCE
- Kimberly Luedecke-Hicks, RN, BSN, CFCP
- Liliana Hall, FCPI
- Mary Schurk, RN, MSN, WHNCP-BC, CFCP
- Rachel Freebersyser, FCPI
- Rachel Havrilla, RN, BSN, FCP
- Teresa Baalman, RN, BSN, CFCP

314.991.0327

Mercy Hospital South

- Erin Herdler, CFCP
- Kimberly Luedecke-Hicks, RN, BSN, CFCP
- Hunter Oakes, FCPI

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Mercy Hospital Washington

- Joanne Mercer, CFCE

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SSM St. Clare - Fenton

- Caroline Rosa, CFCP
- Mary Schroeder, FCP
- Alex Ruzicka, CFCP

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SSM St. Joseph - Lake St. Louis

- Susan Gloss, BS, CFCP

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SSM St. Mary's - Clayton

- Alia Keys, CFCE
- Ann Lux, FCP
- Marie Swoboda, FCP

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Learn more about the different NFP Methods at bit.ly/STLNFP-Methods