



March 2026

Dear Coworker in the Lord's Vineyard,

As an important member of the Archdiocese of St. Louis, I value your personal development, your spiritual growth, as well as your physical and mental wellbeing.

The Archdiocese provides you with many employee benefits to assist with your wellbeing. As a benefit eligible employee, you are offered a quality health insurance plan, which consists of medical, prescription, dental, and vision benefits. You are also offered a retirement plan, flexible spending accounts, health savings account, long term disability, an employee assistance program, an adoption assistance program, employer-paid life and AD&D insurance, and supplemental life insurance. I am grateful for the faithful service of the Archdiocesan Benefits Committee for their work with the employee benefits plan.

The purpose of this Open Enrollment video is to further your understanding of the health insurance options and benefits available to you, along with informing you of the steps you must take during this Open Enrollment Period. It is important that you take time to review your annual choices and plan information.

The Archdiocese provides many preventative health services, including coverage for an annual physical exam, mammogram screenings, provider-paid health risk assessments, and annual flu vaccines. We promote the importance of having an annual physical/wellness exam with your personal physician. Also available to you is a health screening by a nurse with H & H Health Associates. Please see more information regarding your wellness benefits within this Open Enrollment video.

May God bless you, your family and your service to the Archdiocese of St. Louis.

Sincerely yours in Christ,

A handwritten signature in black ink that reads "Mitchell T. Rozanski".

Most Reverend Mitchell T. Rozanski
Archbishop of St. Louis