



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL RULES

YMCA OF GREATER DAYTON

Your safety is our first priority!

- 1** Parents or guardians are responsible for supervising their children. Lifeguards are on duty to enforce rules and to respond in case of an emergency.
- 2** Swimmers under 16 will be required to complete a daily swim test prior to swimming in the deep area of the pool. Please review age requirements for additional details.
- 3** Age Requirements:
 - Children 6 & under must always be accompanied **IN THE WATER** within arm's reach of a parent/guardian regardless of swimmers ability.
 - Children 7-9 must be accompanied in the pool area by an adult. If they cannot pass the swim test, they must be accompanied **IN THE WATER** and must stay in the shallow end where water does not exceed chest height.
 - Children 10-15 must pass a swim test in order to enter the deep end. If they cannot pass the swim test, they must stay in the shallow end where water does not exceed chest height.
- 4** Breath holding and prolonged submersion longer than 10 seconds is not permitted.
- 5** Rough play, unsafe actions & improper behavior are not permitted.
 - NO running on the pool deck, dunking, pushing, playing on backs and shoulders, fighting, flips, throwing others into the pool, profanity, vulgar language, spitting or blowing nose in the water.
- 6** Diving is not permitted in water less than 9 feet deep.
- 7** Flotation devices must be US Coast Guard (USCG) approved devices, unless swimmer is with a Y instructor.
- 8** Proper swim attire is required.
- 9** Please shower before entering the pool.
- 10** Children not yet potty trained must wear tight fitting swim diapers in the pool and pool area.
- 11** Glass Containers, Smoking, Vaping, Food, Beverages, and gum are prohibited in the pool area as required by the Ohio Revised Code.
- 12** Safety depth marker rope is always to remain in the pool. Do not hang or swim over lane lines and safety lines.
- 13** To ensure the safety of all, YMCA staff reserve the right to remove a patron from the pool if he or she is behaving in an unsafe or inappropriate manner.
- 14** Lifeguard's decisions are final. Please respect their authority.